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GOVERNMENT OF GUAM

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DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



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## DPHSS Guidance Memorandum 2020-16

RE: Minimum Requirements for Operations of Gymnasiums and Fitness Centers

Outlined below are requirements for the opening of gymnasiums and fitness centers for non-contact physical activities. This guidance is in addition to applicable requirements set forth in the Minimum Pandemic Workplace Operational Requirements set forth in DPHSS Guidance Memo. 2020-07.

### Gymnasium and Fitness Center Facility Operations


#### A. General Restrictions and Requirements

- Operate at no more than the percent of occupancy rate for the facility, including employees, as identified in current or future Executive Orders.
- Prior to opening, thoroughly clean and disinfect the facility using disinfectant cleaning supplies according to CDC guidelines
  - <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- Post signage at the entrance and throughout the facility to remind employees and patrons of new policies
- Provide hand-washing stations or hand-sanitizer for patrons to use upon entering the facility
- Require employees to wear masks at all time.
- Conduct screenings of patrons before entering the facility
  - This may include temperature checks, and/or questionnaire for COVID-19 symptoms
    - Patrons with symptoms will not be permitted in the facility
- Create a regular cleaning/disinfection schedule for daily operations
  - Consider using checklists to ensure thorough cleaning/disinfection of high touch surfaces, equipment, and common areas of the facility
- Provide and maintain an adequate supply of cleaning and disinfection products for both employees and patrons to use
  - Consider installing more wipe stations throughout the facility
  - Consider increasing the frequency of trash removal to account for the additional waste created from increased disinfection
- Prohibit use of lockers and shower rooms
- Ensure that toilet facilities and handwashing sinks are thoroughly cleaned regularly
- In designated equipment areas:

- Ensure that social distancing standards can be met and maintained
  - This may require spreading out equipment, removing equipment, or blocking off equipment
- Assign staff to these areas to ensure that patrons are disinfecting equipment properly
- Do not allow the sharing of equipment for circuit workouts
- For group fitness classes:
  - Limit occupancy to maintain social distancing guidelines of a minimum of 6 feet between patrons at all times during classes
  - Do not allow the sharing of equipment during group classes
  - Adjust class schedules to ensure ample time between classes to thoroughly clean/disinfect
- For facilities with retail food outlets, applicable policies set forth in DPHSS Guidance Memo 2020-12 regarding “Minimum requirements for Dine-In Restaurants Revised” must be followed.

**B. Employee Health and Hygiene**

- Screen all employees reporting to work for COVID-19 symptoms; employees with symptoms should not be permitted to work
- Provide and maintain PPE for employees to perform enhanced cleaning/disinfection
- Stagger shifts, breaks, and meals
- Conduct training for employees on enhanced disinfection and proper PPE base on CDC guidelines

  
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